

Heart Healthy Whole Grain Snack Mix

Featuring
 PGPI Crisp
 Particulates



Nutrition Facts	
Serving Size (24g) Servings Per Container 1	
Amount Per Serving	
Calories 100	Calories from Fat 25
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 17g	6%
Dietary Fiber 3g	12%
Sugars 2g	
Protein 3g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

- Barley Crisp – 577
- Oat Bran 0 – R-497
- Crisp Corn – 20002
- Whole Wheat Nugget – R-487

Coated with Honey Powder and Plated with
 PGPI Rice Maltodextrin – R-469